



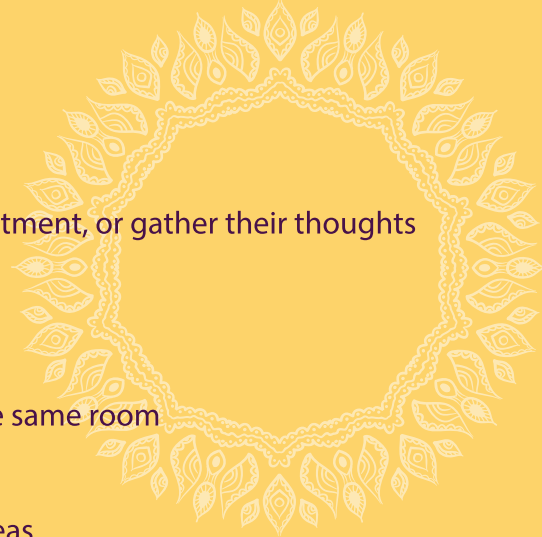
CHECKLIST: Reiki Space

Reiki Therapy

RESOURCES

REIKI SPACE

- should be functional for both Reiki practitioner and client
- should provide an element of privacy for clients
- include a chair where your client can sit to take off their shoes, receive treatment, or gather their thoughts
- include a table for your client to lie on for Reiki treatment.
- storage for towels, sheets, incense or oils etc.
- storage for client supplies such as drinking water or tissues
- make your space personal and reflect who you are as a Reiki practitioner
- keep any office equipment separate from the treatment area, even if in the same room
- consider a walk in cupboard office space if limited room is available
- use a laptop or locked cupboard if space is limited
- think creatively with cupboards, doors, and soft furnishings to separate areas



ATMOSPHERE

Items that create a welcoming space for your clients include:

- Plants
- Inspiring images
- Inspiring quotes
- Soft furnishings (rugs, pillows)
- Sitting area for reading or talking
- Music
- Soft lighting - candles, string lights etc



ACCESSIBILITY AND SAFETY

The accessibility of your Reiki space will impact the likelihood of your client attending sessions.

Your client may enjoy their sessions, however, if getting to your location is difficult, this will impact your client's willingness to attend future sessions.

- consider the issue of stairs into your building and Reiki room
- provide easy access through your doorway
- provide ease of movement around the room amongst any tables, chairs, and other furniture
- consider disabled parking accessibility or easy drop off points for clients and carers
- limit potentially offensive smells and sounds

